Historical Trauma Master Class
2021 FAQ Sheet

Due to COVID-19, all classes will be held on line until further notice.

1. What is the program and how long is it?

The Historical Trauma Master Class (HTMC) is a seven month, 200-hour program designed to teach the facilitation of transformative modalities such as Somatic Archaeology©, Generational Brainspotting™ and My Body, My Breath™ to NA/AI professionals who are working within the fields of mental/behavioral health, social work, addiction recovery, DA/SA advocacy, massage/somatic therapies, and Cultural Healing in Native American communities.

2. What is the cost of the program?

There is no fee for enrolled tribal members. There is a $3,000 training fee for non-tribal members who are working within Native American communities. There is a $250 registration fee upon acceptance for all students for training materials for you will keep and use during the training.

3. When is the application deadline?

We will begin accepting applications January 4, 2021 and the deadline date is March 1, 2021 by 5:00 PM MST. Mailed in applications must be post marked by this day as well.
4. **Are there additional requirements for applicants?**

   The age limit for applicants is 18 years old, and selected participants must be able to maintain sobriety, and overall mental, emotional and physical well-being.

5. **I am not an enrolled member of a recognized tribe, can I still apply for the program?**

   All potential participants must be working within Native American communities. Preference is given to tribal members (must provide proof of enrollment).

6. **I am a descendant of an enrolled member, am I still eligible to apply?**

   Yes. All potential participants must be working within Native American communities. Tribal ID’s required to receive financial assistance from Freedom Lodge.

7. **Is this program open to people not working with Native Americans or Native communities?**

   No. Freedom Lodge is focused on providing Indigenous Historical Trauma Recovery services and support to Native American communities in recovery from Historical Trauma.

8. **Am I required to attend all online webinars?**

   All the corresponding HTMC online webinars are interactive. Therefore, to obtain the full learning experience and retain vital and pertinent information needed to properly provide historical trauma recovery to the community in which you work, we encourage full participation in all course aspects. Webinars are archived should participants need to review the material.
9. **Is this program accredited and/or certified?**

   Not by any other institution. The Historical Trauma Master Class is a 200 hour certificate program. Somatic Archaeology© is currently being researched and evaluated as a Best Practice.

10. **Are college credits available for this program?**

    No. But you may request from your professors credit for this course. We are happy to supply professors with a detailed curriculum, if needed.

11. **When will I receive a certificate for this program?**

    When you have completed the 5th in-person module, all other coursework and financial responsibilities, you will receive your Certificate for the 200-hour Historical Trauma Master Class.

12. **Are CEU’s available?**

    There are 21 CEU’s available for the Generational Brainspotting module held during Phase 3 of the Historical Trauma Master Class.

13. **What are the expectations of students?**

    Reading text books, five 1-2 page book reports, 24 hours of externship, documentation of externship hours and final project.

14. **Graduation requirements**

    To include attending all modules and webinars; doing coursework and required reading; applying and practicing the skills you learn; be open to group process; be willing to change, be willing to heal yourself; receiving an individual HT session from Trainee, presenting a final project at graduation weekend, be ethical in action, maintain confidentiality, learn to trust your body.