



Generational Brainspotting™

An Eye for a Cure

October 22-24, 2021

Taught by Dr. Ruby Gibson
Developer & Trainer

Brainspotting© is a powerful, focused treatment method developed by Dr. David Grand that works by identifying, processing and releasing core neurophysiological sources of emotional/body pain, trauma, dissociation and a variety of other challenging symptoms. **Generational Brainspotting (GBSP)** combines **Brainspotting**© with **Somatic Archaeology**©, a transgenerational healing model developed by Dr. Gibson.

GBSP is indicated specifically to provide healing for seven generations of inherited familial and cultural patterns. Our focus is on developing positive aspects of inheritance, and reducing traumatic aspects, such as: adverse childhood experiences, domestic and sexual abuse, addiction, anxiety, despair, grief, depression, attachment issues, survival coping mechanisms, stress biasing, adoption, war related trauma, genocide, ethnocide, immigration, and removal from traditional homelands.

We invite those who wish to lighten the load for our children and future generations. Genetics, epigenetics, biogenealogy, cultural recovery, spiritual integration, *My Body, My Breath* techniques, and neurobiological resourcing will be discussed. This is an empowering, dynamic and experiential training that will deepen the scope of your practice and provide remedy for stress-related disease and chronic pain.

* BSP Phase One is a pre-requisite.

Dr. Ruby Gibson is an international BSP trainer, author and the Executive Director of Freedom Lodge & The Black Hills Historical Trauma Research & Recovery Center in Rapid City, SD. For the past 35 years, Ruby has been dedicated to the craft and science of Cultural Trauma Recovery. Her techniques were field tested for 35 years with clients and students, and studied in her doctoral work with amazing effectiveness. She is the author of *My Body, My Earth, The Practice of Somatic Archaeology* and *My Body, My Breath*. GBSP was developed in 2010.



Dates: October 22-24, 2021 * Friday, Saturday, Sunday **Hours:** 9:00 am - 6:00 pm MST

Virtual Location: To be held online on Zoom. Details sent upon registration.

Registration contact: Dr. Ruby Gibson rubygibson@mac.com or visit www.freedomlodge.org

Registration: Early bird price paid by 9.25.2021 \$695.00, Late price \$745.00. RMBI members receive a \$50 discount

Payment: Send check payable to Ruby Gibson at 809 South Street, Ste 203, Rapid City, SD 57701 **OR** pay via Venmo at Dr_Ruby_Gibson **OR** pay via PayPal to rubygibson@mac.com. Thank you!